Preventive Services Covered Under the Affordable Care Act

If you have a new health insurance plan or insurance policy beginning on or after September 23, 2010, the following preventive services must be covered without your having to pay a copayment or co-insurance or meet your deductible. This applies only when these services are delivered by a network provider.

- **Covered Preventive Services for Adults**
- **Covered Preventive Services for Women, Including Pregnant Women**
- **Covered Preventive Services for Children**

### 16 Covered Preventive Services for Adults

1. **Abdominal Aortic Aneurysm** one-time screening for men of specified ages who have ever smoked
2. **Alcohol Misuse** screening and counseling
3. **Aspirin** use for men and women of certain ages
4. **Blood Pressure** screening for all adults
5. **Cholesterol** screening for adults of certain ages or at higher risk
6. **Colorectal Cancer** screening for adults over 50
7. **Depression** screening for adults
8. **Type 2 Diabetes** screening for adults with high blood pressure
9. **Diet** counseling for adults at higher risk for chronic disease
10. **HIV** screening for all adults at higher risk
11. **Immunization** vaccines for adults--doses, recommended ages, and recommended populations vary:
   - Hepatitis A
- Hepatitis B
- Herpes Zoster
- Human Papillomavirus
- Influenza (Flu Shot)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal
- Tetanus, Diphtheria, Pertussis
- Varicella

12. Learn more about immunizations and see the latest vaccine schedules.

13. **Obesity** screening and counseling for all adults

14. **Sexually Transmitted Infection (STI)** prevention counseling for adults at higher risk

15. **Tobacco Use** screening for all adults and cessation interventions for tobacco users

16. **Syphilis** screening for all adults at higher risk

**22 Covered Preventive Services for Women, Including Pregnant Women**

The eight new prevention-related health services marked with an asterisk ( * ) must be covered with no cost-sharing in plan years starting on or after August 1, 2012.

1. **Anemia** screening on a routine basis for pregnant women

2. **Bacteriuria** urinary tract or other infection screening for pregnant women
3. **BRCA** counseling about genetic testing for women at higher risk

4. **Breast Cancer Mammography** screenings every 1 to 2 years for women over 40

5. **Breast Cancer Chemoprevention** counseling for women at higher risk

6. **Breastfeeding** comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women*

7. **Cervical Cancer** screening for sexually active women

8. **Chlamydia Infection** screening for younger women and other women at higher risk

9. **Contraception:** Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs*

10. **Domestic and interpersonal violence** screening and counseling for all women*

11. **Folic Acid** supplements for women who may become pregnant

12. **Gestational diabetes** screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes*

13. **Gonorrhea** screening for all women at higher risk

14. **Hepatitis B** screening for pregnant women at their first prenatal visit

15. **Human Immunodeficiency Virus (HIV)** screening and counseling for sexually active women*
16. **Human Papillomavirus (HPV) DNA Test**: high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older

17. **Osteoporosis** screening for women over age 60 depending on risk factors

18. **Rh Incompatibility** screening for all pregnant women and follow-up testing for women at higher risk

19. **Tobacco Use** screening and interventions for all women, and expanded counseling for pregnant tobacco users

20. **Sexually Transmitted Infections (STI)** counseling for sexually active women

21. **Syphilis** screening for all pregnant women or other women at increased risk

22. **Well-woman visits** to obtain recommended preventive services

Learn more about Affordable Care Act Rules on Expanding Access to Preventive Services for Women. (Effective August 1, 2012)

**27 Covered Preventive Services for Children**

1. **Alcohol and Drug Use** assessments for adolescents

2. **Autism** screening for children at 18 and 24 months

3. **Behavioral** assessments for children of all ages
   
   Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

4. **Blood Pressure** screening for children
   
   Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

5. **Cervical Dysplasia** screening for sexually active females
6. **Congenital Hypothyroidism** screening for newborns

7. **Depression** screening for adolescents

8. **Developmental** screening for children under age 3, and surveillance throughout childhood

9. **Dyslipidemia** screening for children at higher risk of lipid disorders
   Ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

10. **Fluoride Chemoprevention** supplements for children without fluoride in their water source

11. **Gonorrhea** preventive medication for the eyes of all newborns

12. **Hearing** screening for all newborns

13. **Height, Weight and Body Mass Index** measurements for children
   Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

14. **Hematocrit or Hemoglobin** screening for children

15. **Hemoglobinopathies** or sickle cell screening for newborns

16. **HIV** screening for adolescents at higher risk

17. **Immunization** vaccines for children from birth to age 18 — doses, recommended ages, and recommended populations vary:
   - Diphtheria, Tetanus, Pertussis
   - Haemophilus influenzae type b
   - Hepatitis A
- Hepatitis B
- Human Papillomavirus
- Inactivated Poliovirus
- Influenza (Flu Shot)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal
- Rotavirus
- Varicella

18. Learn more about immunizations and see the latest vaccine schedules.

19. **Iron** supplements for children ages 6 to 12 months at risk for anemia

20. **Lead** screening for children at risk of exposure

21. **Medical History** for all children throughout development
   Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

22. **Obesity** screening and counseling

23. **Oral Health** risk assessment for young children
   Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years.

24. **Phenylketonuria (PKU)** screening for this genetic disorder in newborns

25. **Sexually Transmitted Infection (STI)** prevention counseling and screening for adolescents at higher risk

26. **Tuberculin** testing for children at higher risk of tuberculosis
Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.

27. **Vision** screening for all children